

Week 2		Rumbling Tums Dining Room				
	<b><i>Week Commencing: 11/09; 02/10; 30/10; 20/11; 11/12</i></b>					
CHOICES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Main Course	Wholegrain Pasta and Tomato Bake	Beef Chilli Con Carne	Roast Turkey with Sage and Onion Stuffing	Beef Burger in a Bap	Cod in Batter	
Vegetarian Dish	Carrot and Lentil Pattie	Quorn Cottage Pie	Cheese, Chive and Potato Layer	Vegetable Frittata	Chickpea and Sweet Pea Potato Curry	
Vegetable choice	Freshly Prepared Vegetables	Freshly Prepared Vegetables	Freshly Prepared Vegetables	Freshly Prepared Vegetables	Freshly Prepared Vegetables	
Potato, Rice or Pasta	Midi Potatoes	Rice	Roast Potatoes	Homemade Wedges	Chips	
Available Every Day	Fresh Salad Bar	Fresh Salad Bar	Fresh Salad Bar	Fresh Salad Bar	Fresh Salad Bar	
Dessert of the Day	Shortbread	Apricot and Caramel Self Saucing Pudding	Apple and Date Flapjack	Chocolate Slice with Peppermint Sauce	Strawberry Ice Cream Fruit Sauce	
Dessert Available Every Day	Fresh Fruit, Yoghurt	Fresh Fruit, Yoghurt	Fresh Fruit, Yoghurt	Fresh Fruit, Yoghurt	Fresh Fruit, Yoghurt	