



Achieving Excellence for Ourselves and Others

Headteacher: Damian Knollys



Bath Road
Peasedown St John
Bath BA2 8DH

Telephone & Fax: 01761 432311
Email: office@psjprimary.org.uk
www.peasedownstjohnprimary.org.uk

Dear Parent/Carer,

The NSPCC's *Speak out, Stay safe* programme is visiting our school to make sure our pupils have the knowledge and understanding they need to stay safe from abuse.

I'm pleased to tell you that as part of our Annual Stay Safe Week, we will be working with the NSPCC who will be delivering their ***Speak out, Stay safe*** programme on **Friday 1st July**. This is a nationwide programme for every primary-school-aged child in the UK and Channel Islands. With the help of their friendly mascot Buddy, they'll be presenting assemblies to the children in our school as well as a workshop for Year 5 classes.

"NSPCC has helped me to build the confidence to tell people about my worries and problems." -Child's feedback.

What is the *Speak out, Stay safe* programme?

Through child-friendly, interactive assemblies and workshops their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

We have studied the content of the materials and heard from other schools that have participated and are extremely confident that they are appropriate for primary-school-aged children. By the end of their visit, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

"This service provides important information in a child-friendly way – it should be made mandatory in all schools. A brilliant service!" -Teacher, Wistaston Primary, Crewe

If you would like any more information about the NSPCC ***Speak out, Stay safe*** programme, including frequently asked questions, you can find it on the NSPCC website nspcc.org.uk/schools

Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex. The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at nspcc.org.uk/pants

We believe that programmes like this are very important and we are very grateful to the NSPCC volunteers for giving up their time to visit our school.

Yours sincerely,

Damian Knollys

Headteacher

